

THANK YOU
FOR JOINING US TODAY!

UPCOMING EVENTS:

MOTORCYCLE RIDE

Today - Leave Element at 12:45pm.
Ride to lunch and back.

PARENTING CONFERENCE

**Friday Night September 7th from 6-8pm
and Saturday September 8th from 9am-12pm.**

Four principles that can radically change the way
you raise your children by Paul Tripp.

Childcare: Is available on the church property with RSVP only.

Cost: \$20 per family.

Learn more at ourelement.org/parentingconference

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ELEMENT
christian church

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ENOUGH

Today's Verses:

Proverbs 14:30
Proverbs 19:23
1 Timothy 6:6-8
Psalm 73:1-3

Psalm 73:13-20
Psalm 73:23-25
Exodus 20:17
Hebrews 13:5-6

Proverbs 30:7-9
Romans 8:32
Ephesians 1:3
2 Peter 1:3

ENOUGH

Element is in the middle of a summer teaching series called “Counter Culture.” This series is based out of the Old Testament book of Proverbs (which is also known as The Wisdom Literature). Today we are dealing with the issue of contentment and what is actually “enough” for us as a people.

The word enough is defined by Meriam-Webster as “*occurring in such quantity, quality, or scope as to fully meet demands, needs, or expectations.*” Like if you have a big party at your house you want to make sure you have enough food for everyone to eat and be satisfied. We are constantly thinking about whether or not we have enough. When bills come we think, “Do I have *enough* money to pay it.” When criminals go to jail we wonder if they are serving *enough* time. When someone talks too long and we get bored we think, “They have talked long *enough.*”

When we personally think about contentment in our lives we usually think that we don’t have enough of *something* and all we need is a little bit more of that *something* and then we will be content. Our culture’s view of contentment is that whatever we have, it is “**Never Enough.**”

The bible speaks about this differently, today you will see how contentment with enough is:

A. Taught Through Proverbial Statements

Proverbs 14:30; Proverbs 19:23; 1 Timothy 6:6-8

B. Taught Through Personal Testimonies

Personal Testimony from Asaph (Psalm 73)

Song by King David (Psalm 23)

C. Taught through Direct Commands

Exodus 20:17; Hebrews 13:5-6

D. Taught Through Sample Prayers

Proverbs 30:7-9

Ultimately we should come to place where we understand that:

The Believer’s View of Contentment: “He is Enough.”

Romans 8:32; Ephesians 1:3; 2 Peter 1:

Introduction

This Sunday’s message was about the idea of Contentment. Like the other things we are learning in Proverbs, this one is Counter Cultural, in that the culture around us discourages it, but God delights in it, and encourages us to be content with what we have.

Discussion

How would you explain the term “contentment” to a five-year old?

What Christian hymn or song can you think of that might encourage contentment?

Explanation – Read Proverbs 19:23

The proverb says that the fear of the Lord leads to life, and to contentment. What are some ways that a healthy respect for God might lead you to contentment?

What truths from the Bible can you think of that could help us with contentment?

Application – Read Romans 8:31-32

In Romans 8:32 what do you think Paul is talking about here?

In what areas are you discontent?

It is legitimate to “Present your requests to God.” (Philippians 4:6). But how often, when you pray, do you just focus on praise and thanksgiving, and hold off on naming your requests?

What might be the benefits of doing that?

Prayer

This week, if you are using these notes in a Gospel Community or among friends, close your time together with prayer that has no requests, but only focuses on thanks for what God has already given us. Take some time and reflect before prayer, possibly writing the things we are thankful for down.

Homework - Read 1 Corinthians 15:10

Do you think you represent Jesus by your work ethic? How?

Discussion Key

Red – Easy level, not much intimacy, Blue – Intended to dig a bit deeper

Black – Designed to create deeper conversation