

CONVERSATION GUIDE:

OPENING QUESTIONS:

- How do you respond to the statistic that 9 out of 10 mothers wish they could clone themselves to "handle it all"? In what areas of your life do you feel most overwhelmed by expectations?

DISCUSSION QUESTIONS:

- Humanity is limited by time, space, and more. "We can't do it all, and we can't have it all." How does this statement challenge the messages you receive from culture? In what ways have you tried to "be God" in your own life or for others?
- Have you made your children (or other relationships, career, personal goals, etc.) into an idol? What signs might indicate something has become too central in your life?
- God commands Sabbath rest to remind us that He alone is God. How well do you practice rest? What keeps you from trusting God?
- The message highlights God's power, goodness, familiarity with us, sovereignty, and love. Which of these attributes of God do you find most comforting when you feel overwhelmed? Why? Which are a struggle to trust and live out in your daily life?
- **Philippians 1:6:** How does the truth that God will complete the good work He began change how you view:
 - Your own growth and struggles?
 - The development of your children or others you care for?
 - Difficult circumstances you're currently facing?
- What practice(s) might you incorporate into your daily life that would ground you in the truth that God is sovereign and good and is carrying you forward to maturity?

PERSONAL APPLICATION:

- Take a moment to identify one area where you've been striving to control outcomes or meet impossible expectations. Write it down. Next to it, write "God's got this." This week, practice surrendering this area daily.

GROUP FOCUS:

- As a group, discuss how you can support each other in living from a place of trust rather than striving. How can you remind each other of God's sovereignty and goodness?



GOD'S GOT IT! (PHILIPPIANS 1:6)

TODAY'S VERSES:

Philippians 1:6

Genesis 3:19

Deuteronomy 5:12-15

Job 38:4-7

Psalms 100:5

Psalms 139: 13 & 16

Colossians 1:16-17

1 John 3:16

MOTHER'S DAY: MAY 11, 2025

**MOTHER'S DAY
GOD'S GOT IT!**

Mothers are a gift! Thank you, mothers, for the care and support you provide to your children. Your time, encouragement, wisdom, and prayer for your kids is a blessing – whether you receive a ‘thank you’ or not! May God give you peace and joy today.

All of us, mothers particularly, have numerous expectations placed on us and some that we place on ourselves. These expectations develop from life experiences, from comparing ourselves to others, from all sorts of sources – and they create for us an ideal picture of what we think our lives should look like. For mothers this might include expectations of having well-behaved, well-mannered kids who are successful in their social, sport, academic, and other endeavors (and are always happy and healthy too). For others, our personal expectations may have to do with financial or relationship goals or career milestones or... the list goes on. Whatever they may be, the expectations we have for our personal lives can drive us away from the good life God has for us.

The Bad News – Reality Check

Life is full of activity and opportunity. Many of us strive to keep up with the expectations we place on ourselves. Others of us deal with FOMO (the fear of missing out) frequently – not wanting to miss any opportunity or fun experience presented to us. These ways of life often reveal that we have believed a lie about ourselves and our capacity, a lie that says we can (and should be able to) have and do it all! The reality is that we are human. We have a birth date and expiration date. We have a limited amount of physical, mental, emotional, and relational energy. We need sleep and rest. We can't protect our loved ones from every hurt, guarantee our kid's success, or be everything for everyone. We cannot do it all. Only God can "do it all."

Why? God alone is God, and we are not. When we live like we can 'do it all' or should 'have it all,' we risk turning our goals (even our kids) into idols or false gods – of valuing these pursuits above our trust in God. Let's remember, instead, that we are not God – but He is. Acknowledging this truth with the way we live is challenging and freeing.

The Good News – God's Got It!

We can't live up to all of our self-expectations or be 'everything everywhere all at once.' But God can, does, and is! He is omnipotent – all powerful – and created all things. He is, in His very nature, good and faithful to His creation (including all of us). God knows each of us (and our family members) better than we know ourselves. And – regardless of the state of the world or the state of our broken and rebellious hearts – He holds all things together so that we might have a relationship with Him.

Ultimately, God demonstrated the extent of His love for us by laying down His life on the cross. God's got us. We are in His strong and compassionate care as He shapes us to be more like Jesus. One day, God will finish the good work he began in us; it's a sure thing. Let's live this truth out by ceasing our continual striving to meet every expectation we place on ourselves (or those we have for our kids). Let's live (and rest) in the freedom of the grace of the Gospel because God's got us all the way to the end.