



# LOOK WHAT THE FATHER HAS DONE FOR YOU

1 JOHN 3:1-9

## FATHER'S DAY SUNDAY

### TODAY'S VERSES:

1 John 3:1-9  
Romans 5:8  
Lamentations 3:22  
Romans 8:36-38  
Ephesians 3:16-19  
Romans 4:17  
Romans 6:4  
1 Peter 2:11  
Philippians 1:6  
2 Corinthians 5:21  
John 3:3-4  
2 Corinthians 5:17  
Romans 6:6-9, 14 & 17  
2 Peter 1:3-4  
Ezekiel 36:26-27  
Hebrews 12:2

June 21, 2026

# FATHER'S DAY SUNDAY

1 JOHN 3:1-9

## God's Love for Us — Verses 1–3

*John 3:1 — “See what kind of love the Father has given to us, that we should be called children of God; and so we are.”* John intentionally focuses our attention on the astounding nature of God's fatherly love for us: steadfast, unconditional, and unearned.

**In what areas of your life do you need a ‘break’? Where do you need relief — in family, work, relationships, health, or finances? What would freedom from that burden look like for you?**

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God's love is described as steadfast (Lam. 3:22), unbreakable (Rom. 8:36–38), and beyond comprehension (Eph. 3:16–19).

**Where in your life do you most need to be reminded of God's unwavering love for you?**

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## How Should We Live as God's Children? — Verses 3–8

These verses can be challenging — they describe purifying ourselves, not making a practice of sinning, and the danger of living in ongoing sin. But the call here is not to earn God's love through performance. It is a call to trust that what God has already declared true about us — righteous — is being worked out in us by His Spirit.

**Do you ever feel the need to perform, to prove yourself to God, or to earn His love and approval?**

**How does the Gospel — that God's love is based on what Jesus did, not on what you do — challenge or comfort you?**

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*“We are so clever at transforming good news about something God has done into a work for us to perform in order to get God to do something...”*  
Michael Horton

**Do you tend to transform God's grace into your own work? How?**

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## The Result of God's Kind of Love — Verse 9

*“No one born of God makes a practice of sinning, for God's seed abides in him.”* Being born again means receiving new DNA — God's seed — rewiring us so that sin no longer has mastery over us. We may struggle, but our final freedom is guaranteed. As John Piper said: the death and resurrection of Jesus “keep me from collapsing under my string of failures.”

Like Simba in *The Lion King*, we can lose sight of who we truly are and where we come from.

**In what areas of your life do you need to ‘look harder’ and see your Heavenly Father reflected in you? How does remembering that God's seed abides in you change how you face those areas?**

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