



# MISUNDERSTANDING THE SPIRIT

## Week Seven: Walk In the Spirit *Part 1*

### TODAY'S VERSES:

Galatians 5:16-17

Galatians 3:1-3

Galatians 5:16-23

John 15:5

Romans 5:8

John 16:5-7

Romans 7:5-6

John 13:35

### DISCUSSION NOTES & QUESTIONS:

**Big Idea:** Every step of the way, Walking in the Spirit is better. Better for us individually, better for us as a community of believers, and better for the world around us.

**Definition:** "Walk in the Spirit" is a metaphor for the practical day-to-day way we conduct our lives as followers of Jesus. We Walk in the Spirit when we are in step with, under the control of, and depending on the power of the Holy Spirit.

#### Why Walk in the Spirit?

- I. Because we can't live the Christian life on our own.
  - A. We can't bear God's fruit without God's power.
  - B. We were never designed to walk on our own.
  
- II. Because it is the only way to find freedom from slavery
  - A. Slavery to our desires
  - B. Slavery to rule-keeping

#### Discussion/Reflection:

Read Galatians 3:1-3.

What are some ways you have tried to "do your best" to live the Christian life? How did things work out?

Have you ever found yourself begging or bargaining with God for some spiritual change in your life?

Have you ever worked hard in order to please God so that He'd give in to your request?

Read Galatians 5:16-25.

What is different about the method by which the "works of the flesh" / sins are produced vs. the "fruit of the Spirit?" How does this align with or challenge the way you have looked at this before?

On your own, compare each of the "works of the flesh" and find one or more "fruit of the Spirit" which is opposed to it. (For example, "fits of rage" is opposed to "gentleness, peace, and kindness.") Which "works of the flesh" are showing up in your life too often? Pray that God would begin to produce the opposing fruit of the Spirit through you - and ask Him to show you how you can cooperate with Him better in the process.

Read Romans 8:1-17.

Why do you think these verses talk so much about where our minds are focused? What are some ways you could keep your mind "in step" with the Spirit and focused on the things of the Spirit?

How have you found freedom from sins in the past? What role did you see the Spirit play in bringing freedom?

### UPCOMING:

#### Happy New Year!

From all of us here at Element, we wish you a happy and safe New Years!

Thank you for sticking with us through 2020.

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